

**LOUISIANA BOARD OF EXAMINERS IN
DIETETICS AND NUTRITION**

**IN THE MATTER OF
KIRK VIDRINE**

**CASE NUMBER 2026-05
LDN APPLICANT**

CONSENT AGREEMENT AND ORDER

This matter came before the Louisiana Board of Examiners in Dietetics and Nutrition (hereinafter referred to as "Board") pursuant to an Application for License to practice as Licensed Dietitian/Nutritionist filed by Kirk Vidrine, hereinafter referred to as "Mr. Vidrine" or "Applicant".

The application for licensure was received by the Board on October 15, 2025. Information obtained through the application process indicates that Mr. Vidrine practiced as a dietitian/nutritionist without the benefit of a current license in Louisiana. The Application for Licensure submitted indicates that Mr. Vidrine "designs comprehensive corporate wellness initiatives, including individual and group wellness coaching; customizes wellness programs to meet specific needs and goals; provides one-on-one and group coaching sessions; develops individualized action plans to help employees improve health habits and meet personal wellness goals; plans and delivers health education sessions on topics such as disease prevention and nutrition education". This conduct is specifically prohibited in La. R.S. 37:3083(1). Additionally, other publicly-available information supports that Mr. Vidrine referred to himself as a "Nutritionist" and "Nutrition Coach" without the benefit of a valid license. This conduct is specifically prohibited in La. R.S. 37:3091.

The Board has denied your application for licensure for practice without the benefit of a valid license in Louisiana from March 24, 2018 to the present (November 13, 2025), in violation of Louisiana Revised Statutes 37:3091 and 37:3083(1).

The Board has submitted this Consent Agreement and Order to Mr. Vidrine and Mr. Vidrine has signed the Agreement as provided for in Rule 503 of the Board's *Rules and Regulations* and La. R.S. 49:955(D) of the Louisiana Administrative Procedure Act, duly acknowledging the following:

By submitting the application, Mr. Vidrine accepts the Board's jurisdiction.

1. Mr. Vidrine has by his subscription hereto acknowledged the substantial accuracy of the foregoing information and that such information provides the Board with probable cause to deny a license to Applicant because of a violation of La. R.S. 37:3091 and La. R.S. 37:3083(1) and the *Rules and Regulations* of this Board;

2. Mr. Vidrine has been provided an opportunity for a compliance hearing before the Board pursuant to Rule 501 of the Board's *Rules and Regulations*, which right as well as any legal or administrative rights Mr. Vidrine formally waives by the execution of this agreement.

3. Mr. Vidrine has executed this agreement as a free and voluntary act and with full knowledge and with the terms and conditions of the Order set out herein.

By using the "Nutritionist" and "Nutrition Coach" titles without a valid license, Mr. Vidrine has violated La. R.S. 37:3091; and

By providing customizing wellness programs to meet specific needs; providing one-on-one coaching sessions; developing individualized action plans; both of which are cause for disciplinary action pursuant to La. R.S. 37:3090(A)(4) and (5).

Considering the foregoing information and acknowledgements and waivers by Mr. Vidrine, the Board is persuaded that it is in the best interest of the public to enter into this Consent Agreement and Order and therefore, pursuant to the authority vested in the Board by La. R.S. 49:955(D).

IT IS HEREBY ORDERED that Mr. Kirk Vidrine is granted the Licensed Dietitian/Nutritionist license, subject to the following terms and conditions:

1. Within ninety (90) days, Mr. Vidrine shall take and pass the Board's Open Book Examination covering the Louisiana Dietetic/Nutrition Practice Act and the Board's *Rules and Regulations* to include Rule No. 113 *Ethical Standards*. The minimum passing score of 80% must be obtained. A total of three (3) hours are given to complete the entire examination online. Applicant must pay all related testing fees.
2. Mr. Vidrine shall pay a fine in the amount of \$7,750.00 within five (5) years from the date all parties sign this Consent Agreement and Order. Such fine is authorized by La. R.S. 37:3092(B). Quarterly payments shall be remitted by debit/credit card, with the first payment being due within 90 days from the date all parties sign this Consent Agreement and Order.

3. Publication of the Consent Agreement and Order by LBEDN, as well as notification to the Academy of Nutrition and Dietetics (AND)/Commission on Dietetic Registration Ethics Committee (CDR), as well as reporting to the National Practitioner DataBank (NPDB).
4. If Applicant fails to successfully and timely complete all requirements in the time frames set forth above, the Applicant's license shall be **SUSPENDED** without further notice until such time as the Board receives and accepts documentation of Applicant's completion of the requirements set forth above.

Waiver of Rights. Mr. Vidrine is aware that he has the right to consult with an attorney of his choice and understands that he has the right to an administrative hearing on the facts in this case. He understands and agrees that by signing this Consent Agreement and Order, he is waiving his rights to a hearing. Further, he understands and agrees that he is relieving the prosecutor of any burden it has of proving the facts admitted above. Mr. Vidrine further understands and agrees that by signing this Agreement he is voluntarily and knowingly giving up his right to present oral and documentary evidence, to present rebuttal evidence, to cross-examine witnesses against him, and to appeal the Board's decision.

Effect on Non-Acceptance of Agreement. Mr. Vidrine agrees that this Consent Agreement and Order is subject to the approval of the Board. He agrees that, if the Board rejects this Agreement, it will be void, and an administrative complaint may be filed. If this agreement is rejected by the Board it will not constitute a waiver of applicant's right to a hearing on the matters alleged in an administrative complaint and the admissions contained herein will have no effect. Mr. Vidrine agrees that, if the Board

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rejects this agreement, the Board may decide the matter after a hearing, and its consideration of this agreement shall not alone be grounds for claiming that the Board is biased against him, that it cannot fairly decide the case, or that it has received ex parte communication.

Address of Board. All payments ordered by this Consent Agreement and Order and any reports required by this Consent Agreement and Order shall be addressed to: Louisiana Board of Examiners in Dietetics and Nutrition, Towne Park Centre, 37283 Swamp Road, Suite 3B, Prairieville, Louisiana 70769.

I, Kirk Vidrine, have read the Consent Agreement and Order, understand it, and agree to be bound by its terms and conditions. I specifically acknowledge that failure to comply with the terms of the Consent Agreement and Order will result in SUSPENSION of my license. The admissions contained herein will be considered proven and the only issue will be failure to follow the terms of the Consent Agreement and Order.

Dated: 11/14/2025

Kirk Vidrine
Kirk Vidrine

SUBSCRIBED AND SWORN TO before me this 14 day of November, 2025, in Baton Rouge, Louisiana.

Melissa McManus
Notary Public
My commission expires: _____
MELISSA MCMANUS
NOTARY PUBLIC ID #157216
STATE OF LOUISIANA
MY COMMISSION IS FOR LIFE

ORDER

The Louisiana Board of Examiners in Dietetics and Nutrition, having examined the Consent Agreement and Order, Case No. 2026-05, adopted the Consent Agreement and Order in this matter.

DATED this 14th day of November,
2025 in Prairieville, Louisiana.

Louisiana Board of Examiners in Dietetics and Nutrition

Maura Person-McGee, MS, RDN, LDN
Chairperson

J. Duhan, MS, RDN, LDN
Vice Chairperson

Signed by:
Maria M. Simpson, EdD, RN, CDE
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Secretary/Treasurer

Martine M. Soller
Board Member MPH, RDN, LDN, FAND